



**SPECTRUM HEALTH VALUE STUDY™**  
**Health Care Services and Programs Used On A Regular Basis**  
**Data Collected January, April and August, 2009**

Total Respondents 3049

<b>By Alphabetical Order</b>	<b>%</b>
Care for the elderly	2
Dentist services	43
Diagnostic laboratory services	15
Emergency care services	4
Family social/health services	6
Health Relief services (such as during a national disaster)	0
Health/personal care goods	19
Home health services	3
Individual social/health services	5
Medical research	2
Medical services at a hospital	8
Mental health services	7
Mental retardation services	1
None of the Above	17
Nursing care services	2
Nutrition services	5
Outpatient services	13
Over the counter drugs	51
Pharmaceutical research	1
Physician services	45
Prescription drugs	57
Preventive Health Services	11
Psychiatric services	6
Scientific research	1
Substance abuse services	1
Surgical services	3
Vocational rehabilitation	2
Wellness services	11

<b>By Ranking</b>	<b>%</b>
Prescription drugs	57
Over the counter drugs	51
Physician services	45
Dentist services	43
Health/personal care goods	19
None of the Above	17
Diagnostic laboratory services	15
Outpatient services	13
Preventive Health Services	11
Wellness services	11
Medical services at a hospital	8
Mental health services	7
Psychiatric services	6
Family social/health services	6
Individual social/health services	5
Nutrition services	5
Emergency care services	4
Home health services	3
Surgical services	3
Care for the elderly	2
Nursing care services	2
Medical research	2
Vocational rehabilitation	2
Pharmaceutical research	1
Scientific research	1
Substance abuse services	1
Mental retardation services	1
Health Relief services (such as during a national disaster)	0

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